

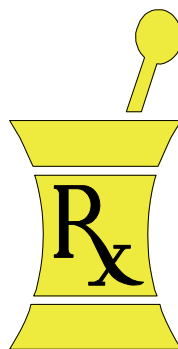
**The Health Risk Assessment Program is a broad based care management and wellness service to seniors living in Passaic County.**

The HRA program is designed to promote wellness. A Registered Nurse completes a comprehensive assessment on each client. If any problems are found, a plan of care is prepared, treatment is undertaken or referrals for appropriate services are made. Regular follow up visits are made if needed by a nurse or social worker. There will also be follow ups with any other agencies involved with the case to make sure progress is being made. Services may be provided free of charge to residents of Passaic County 60 years of age and over through a grant from the Passaic County Office on Aging.

**Services:**

- Comprehensive Assessment
  - Physical
  - Psychological
  - Social
  - Environmental
  - Safety
- Appropriate Follow-up
- Medication Management
- Care Management
- Nutritional Counseling

Medications can be very dangerous. One out of 7 hospital days is a result of mismanaged medications. The HRA computerized drug screening will detect adverse drug to drug and food to drug interactions. Each patient will be given a printed one page report describing the drugs they are taking, any possible adverse reactions, and the best way of taking the drug. If any problems are discovered with the drug screening, the client's doctor will be contacted and adjustments to medications can be made.



Nutrition is always an essential component of wellness. The nurse will review any special dietary requirements of the client's condition.

The care manager will help participants negotiate the mind-boggling health and social service system to get the care they need.

# START YOUR WELLNESS PROGRAM TODAY

call



Call for an HRA Assessment

At

**(973) 523-1224**

or

**(973) 839-8950**

(UpCounty)

Email us at: [info@homecareoptions.com](mailto:info@homecareoptions.com)



*Ask our staff about our other home care programs designed to promote the health and independence of our senior citizens in their own homes.*